

sufferers are tended with real loving care and it is considered a privilege to ease their terrible lingering pain; the modern nurse is much too bright and sparkling an individual to nurse for nursing's sake in these times. No doubt your readers will jump upon me for this heresy, but I have been much disheartened with nurses of late.

A MATRON OF "CHRONICS."

NURSING HOMES.

To the Editor of the "British Journal of Nursing."

DEAR MADAM,—Why does not "A Ratepayer" give chapter and verse when she states she has nursed infectious cases and enteric fever in general Nursing Homes? I should advise her to communicate with the Medical Officer of Health for the district; it is his duty to put a stop to such abuses.

Yours truly,

SUPERINTENDENT NURSING HOME.

SHOULD DOCTORS MARRY NURSES?

To the Editor of the "British Journal of Nursing."

DEAR MADAM,—In the reasons given by you some time ago why nurses make good doctors' wives I do not remember your touching on the following one. One good which results from such unions is the knowledge of our needs, and the increased sympathy with our troubles which the medical husbands of nurses have with the profession generally. A doctor who has married a Matron seems to realise the etiquette due to her colleagues, and with Sisters and nurses it is the same. I could name instances to prove my case, but fear it might be invidious to do so.

Yours truly,

ONE WHO HAS BENEFITED.

Comments and Replies.

Country Matron.—You will find all you require at W. H. Bailey and Son's, 38, Oxford Street; the district nurses' bags made by this firm are deservedly popular. Nothing beats "Sanitas" as a disinfecting spray; it is refreshing and efficacious.

Miss A. C., Edinburgh.—A meeting to discuss State Registration of Nurses is to be held in Glasgow at the end of the month, but we shall be pleased to meet you in Edinburgh about the same time and thrash out the question. The movement was, like so many other reforms, initiated in England, to meet with the inevitable opposition of the non-progressive, so that the Colonies and the United States are, as usual, ahead of the mother country in organisation for State legislation. We have been hammering away at State Registration for fifteen years, and when we began Miss Nightingale expressed the opinion that in thirty years' time registration might be within the region of practical nursing politics. Presumably we must hammer away for another fifteen. Time will show. Anyway, this reform must be effected sooner or later. Join the Society for State Registration of Nurses, and give a helping hand; "many a mickle makes a muckle."

Asylum Nurse.—Of course you are eligible for admittance to the Sir Julian Goldsmid Home of Rest for Nurses. Write to the Matron, 12, Sussex Square, Brighton. The Home has been very full lately, but now the holidays are over you will no doubt find room. Brighton is at its best from now to Christmas. We always use Calvert's carbolic soap for lavatory purposes—it is invaluable to every housekeeper.

Notices.

CONTRIBUTIONS.

The Editor will at all times be pleased to consider articles of a suitable nature for insertion in this journal—those on practical nursing are specially invited. The Editor will also be pleased to receive paragraphs, such as items of nursing news, results of nurses' examinations, new appointments, reports of hospital functions, also letters on questions of interest to nurses, and newspapers marked with reports of matters of professional interest.

Such communications must be duly authenticated with name and address, not necessarily for publication, but as evidence of good faith, and should be addressed to the Editor, 20, Upper Wimpole Street, London, W.

OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page XII.

Granny Did It.

KNEW THE FOOD THAT FURNISHED POWER.

A grandmother, by studying the proper selection of food, cured herself of stomach trouble and severe headaches. Later on she was able to save her little granddaughter because of her knowledge of food.

She says:—"When baby was five months old she was weaned because of the severe illness of her mother. She was put on a prepared baby food, but soon lost flesh and colour, became hollow-eyed and fretful. We changed her food several times, but with no permanent benefit. At last her stomach rebelled entirely and threw up nearly everything she took. She would be wet with a cold perspiration after feeding, and would cry piteously with pain. That is a dangerous condition for a small baby, and in this extremity I remembered how beautifully Grape-Nuts fully cooked breakfast food had agreed with me, and suggested we should try the food for baby.

"We began very carefully with it, giving two small teaspoonfuls at a feeding, softened with boiling water, and fed in sterilised milk, warmed. The experiment was a perfect success.

"She has been on the food five weeks, and can now eat other food, for the change in this brief time is wonderful. She has gained over 3 lb. in weight, has rosy cheeks, bright eyes, and she has the appearance of a satisfactorily nourished and thriving child."

Grape-Nuts is sold in 7d. packets, each packet containing 14 portions.

The reason that Grape-Nuts will agree with adults and babies is that the starch of the cereals has been transformed into grape sugar in the process of manufacture, and when introduced into the stomach it is ready for immediate assimilation, and does not tax the powers of the organs of digestion. The result is always beneficial, and the food has saved thousands of lives.

Recipes for many delightful dishes in each packet of Grape-Nuts.

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